

## REPORT OF VISIT FROM FACULTY OF JEFFERSON COLLEGE OF NURSING, THOMAS JEFFERSON UNIVERSITY, PHILADELPHIA, USA

### ITINERARY

Dr. Amy Szajna

Dr. Kelly Patricia J

Faculty from Jefferson College of Nursing

Thomas Jefferson University, Philadelphia

**31.01.2020 to 10.02.2020**

Date & Day	Time	Event	Faculty members
31.01.2020 Friday	01.30 pm	Arrival to Marriot and Rest	
01.02.2020 Saturday	10.00 am – 11.30 am	Interaction with Mental health research team on ongoing research project	Dept of Mental Health Nursing Faculty
	11.30 am – 11.45 am	Tea Break	
	12.00 pm – 01.00 pm	Interaction with Medical Surgical Nursing department	Principal, VKIDS Dr. Mubashir A
	01.00 pm – 01.30 pm	Interaction with pediatric Nursing research group	Dept of Child Health Nursing Faculty
	01.30 pm – 02.30 pm	Lunch	
02.02.2020 Sunday		Holiday	
03.02.2020 Monday	10.00 am – 11.30 am	Interaction with PPD research group	Dept of Community Health Nursing and OBG Nursing Faculty
	11.30. am – 11.45 am	Tea Break	
	11.45 am – 01.00 pm	Guest lecture on OCD	Dept of Mental Health Nursing Faculty and UG PG students
	01.00 pm – 02.00 pm	Lunch	Principal & NPCC Students
	02.00 pm – 04.00 pm	Interaction with Mental health research team	Dept of Mental Health Nursing Faculty
04.02.2020 Tuesday	10.00 am – 11.30 am	Lecture on Schizophrenia	Dept of Mental Health Nursing Faculty and UG PG students
	11.30 am – 11.45 am	Tea Break	
	11.45 am – 01.00 pm	Discussion with Nursing Dean about all (Ongoing and Proposed) Research projects	Principal, KAHER INS Belagavi
	01.00 pm – 02.00 pm	Lunch	
	02.00 pm – 04.30 pm	Interaction with Mental health research team	Dept of Mental Health Nursing Faculty

05.02.2020 Wednesday	10.00 am – 11.30 am	Meeting with Department of Psychiatry JNMC for further research projects	All faculty from the department of Psychiatry and Dept of Mental Health Nursing
	11.30 am -11.45 am	Tea Break	
	12.00 pm – 01.00 pm	Meeting with MPH students	Dr. Mubashir A & MPH students
	01.00 pm – 02.00 pm	Lunch	
	02.00 pm – 05.00 pm	Writing manuscript on ongoing research projects	All faculty from the department of Mental Health Nursing and Community Health Nursing
06.02.2020 Thursday	10.00 am – 01.00 pm	<b>Workshop on</b> Qualitative research: Developing Interview Questions	Participants from various colleges (30)
	01.00 pm – 02.00 pm	Working Lunch	
	02.00 pm – 05.00 pm	<b>Workshop on</b> Qualitative research: The Art of Interviewing	Participants from various colleges (30)
07.02.2020 Friday	10.00 am – 11.30 am	Interaction with PPD research group	Faculty from Department of Community Health Nursing and OBG Nursing
	11.30am – 11.45am	Tea Break	
	12.00 pm – 01.00 pm	Meeting with MPH students	Dr. Mubashir A & MPH students
	01.00 pm – 02.00 pm	Lunch at Marriot	
	03.00 pm – 05.00 pm	Writing manuscript on ongoing research projects	All faculty from the department of Mental Health Nursing and Community Health Nursing
08.02.2020 Saturday	10.00 am – 11.00 am	Visit to BSRC	Dr. Joanne Robinson Dr. Amy Szajna Dr. Daniel Graves
	11.15 am – 11.30 am	Tea break	
	11.30 am – 01.00 pm	Visit to KLES Prabhakar Kore Hospital & MRC	Vice-Principal Dr. Joanne Robinson Dr. Amy Szajna Dr. Daniel Graves
	01.00 pm – 02.00 pm	Discussion on ongoing research projects	Dr. Joanne Robinson, Vice-Principal and All HOD's
	02.00 pm	Lunch and rest at Marriot	



09.02.2020 Sunday	Holiday		
10.02.2020 Monday	10.00 am – 11.00 am	Interaction with PPD research group	Faculty from Department of Community Health Nursing and OBG Nursing
	11.00 am – 12.30 pm	Meeting with Hon'ble Vice Chancellor, KAHER, Belagavi Officials from JNMC women's & children's Health Research	Dr. Sudha Raddi, Dr. Joanne Robinson and Dr. Amy Szajna
	01.00 pm – 02.00 pm	Lunch at KLE Restaurant	
	02.30 pm – 04.00 pm	Interaction with Mental health research team	Dept of Mental Health Nursing Faculty
	04.00 pm	Departure to Belagavi Airport	

**Note:**


Dr. Kelly Patricia J will be in Research unit on 03.02.2020 & 05.02.2020. Departure is on 07.02.2020.

**Day 1,**

**Date: 01.02. 2020**

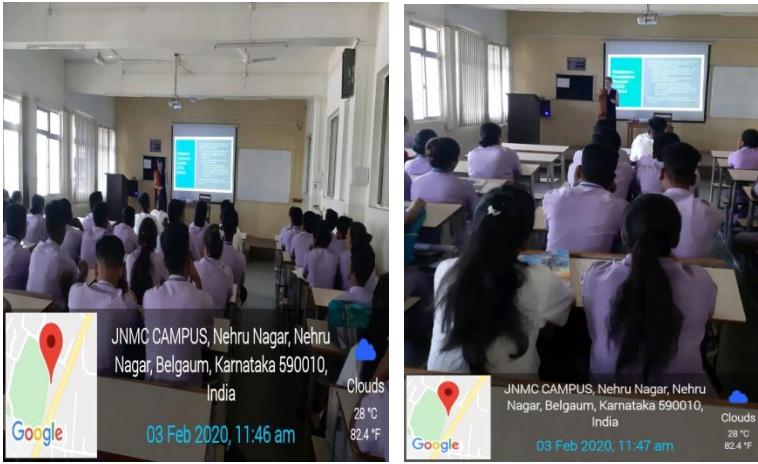
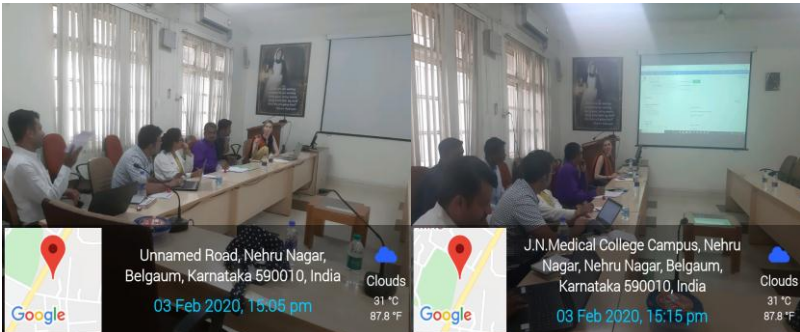
Time	Event	Particulars
10.00 - 11.00 am	Interaction with faculty from Mental Health Nursing department	<ul style="list-style-type: none"> <li>Faculty of Mental Health Nursing department Discussed on ongoing research project with Dr. Amy Szajna and Dr. Patricia Kelly on “Knowledge, Skills and Attitudes towards Mental Illness among Nurses Working in Belagavi, India.</li> <li>Manuscript writing is done by Dr. Amy Szajna and discussed regarding the queries.</li> <li>Dr. Amy Szajna informed that this article has been selected for publication in Nursing Forum Journal and by March 2020 it will be submitted for publication.</li> </ul>
		
11.30 am – 12.30 pm	Interaction with faculty from Department of Community Health Nursing	<ul style="list-style-type: none"> <li>Discussion regarding progress of Project on “Postpartum Depression” with Department of Community Health Nursing &amp; OBG Nursing.</li> <li>Discussed about time &amp; date of data collected from samples.</li> <li>Discussed about calculation &amp; SPSS data of the project.</li> <li>Discussed regarding next step, further calculation &amp; Interventional study of the project.</li> </ul>
		



Time	Event	Particulars
12.00 pm – 01.00 pm	Interaction with faculty from Department of Medical Surgical Nursing and VK Institute of Dental Sciences, Belagavi.	<ul style="list-style-type: none"> <li>Interaction with Dr. Kelly Patricia J and Dr. Amy Szajna regarding research project on Oral Hygiene to prevent VAP among patient admitted in Critical Care Units.</li> <li>Discussed with Dr. Kelly Patricia regarding proposal on research project on Cancer of cervix or Quality of Life of Patients diagnosed Oral Cancer and publication of research projects by the faculty of Medical Surgical Nursing department.</li> </ul> 
01.00 pm - 01: 30 pm	Interaction with Child Health Nursing	<ul style="list-style-type: none"> <li>Faculty of Child Health Nursing department discussed about the project “South Indian mother’s perspective on childhood injury: A Qualitative study” with the TJU faculty Dr. Patricia Kelly and Dr. Amy Szajna.</li> <li>It was discussed about the progress of project like Interview template for data collection, IRB permission and data collection.</li> <li>It is planned to collect data in the month of March 2020. It was informed by the TJU faculty to transcribe the collected data and mail them for further process.</li> </ul>




**Day 2,**

**Date: 03.02.2020**

Time	Event	Particulars
10.00 am – 12.00 noon	Guest lecture on Obsessive Compulsion Disorder.	<ul style="list-style-type: none"> <li>A guest lecture was organized by the Department of Mental Health Nursing, on topic OCD and Dr. Amy Szajna delivered the guest lecture.</li> </ul> 
12.00 pm – 01.00 pm	Interaction with Dean and Principal, KAHER Institute of Nursing Sciences, Belagavi	<ul style="list-style-type: none"> <li>Prof. (Dr). Sudha A Raddi, Dean and Principal, KAHER Institute of Nursing Sciences, Belagavi discussed with Dr. Amy Szajna, regarding proposed research projects by Dean, Jefferson College of Nursing, Philadelphia, USA during her visit.</li> </ul>
01.00 pm – 02.00 pm	Lunch break	<ul style="list-style-type: none"> <li>During lunch break had discussion with NPCC students.</li> </ul>
02.00 pm - 05.00 pm	Interaction with faculty from Mental Health Nursing department.	<ul style="list-style-type: none"> <li>Discussed regarding the proposed research activities.</li> <li>Handed over I-PAD to the department.</li> <li>Searched some of the journals from CINHALL and discussed how to progress in our research project.</li> </ul> 

**Day 3,**

**Date: 04.02.2020**

Time	Event	Particulars
10.15 am – 12.00 pm	Guest Lecture on Schizophrenia	<ul style="list-style-type: none"> <li>Guest lecture on “Schizophrenia” was organized for UG and PG students of Mental Health Nursing specialty in I B. Sc (N) Classroom, KAHER INS, and Belagavi.</li> </ul>  <p>J.N.Medical College Campus, Nehru Nagar, Nehru Nagar, Belgaum, Karnataka 590010, India 04 Feb 2020, 09:56 am Clouds 24 °C 75.2 °F</p>
12.00 pm – 01.00 pm	Interaction with faculty from Community Health Nursing and OBG nursing department	<ul style="list-style-type: none"> <li>Discussion regarding Project on “Postpartum Depression” with Department of Community Health Nursing, OBG &amp; Mental Health Nursing.</li> <li>Distributed I-pads to the departments by Dr. Amy Szajna.</li> </ul>
02.30 pm – 04.30 pm	Interaction with faculty from Mental Health Nursing Department	<ul style="list-style-type: none"> <li>Discussed on Manuscript writing, publication, Review of Literature, Nursing forum &amp; Interventional study on PPD in the community setting.</li> </ul>   <p>Nehru Nagar, Belgaum, Karnataka 590010, India 04 Feb 2020, 15:11 pm Clouds 31 °C 87.8 °F</p>



**Day 4,**

**Date: 05.02.2020**

Time	Event	Particulars
10.00 am – 11.00 am	Meeting with Department of Psychiatry, JNMC for further research projects.	<ul style="list-style-type: none"> <li>• Dr. S. S. Chate and Dr. Bheemsain Tekkalaki, Associate Professor from the department of Psychiatry, J N Medical College, Belagavi were present along with department of Mental Health Nursing faculty.</li> <li>• The meeting started with the discussion on ongoing project where it is almost over and for further projects what are the fields to be selected.</li> <li>• Dr. Amy Szajna and Dr. Patricia Kelly were suggested topic on Post Partum Depression.</li> <li>• On this topic what are the ideas how to proceed towards the project was discussed and finally it was decided to go with some of the interventional study in health care workers.</li> <li>• Faculty from department of Mental Health Nursing will prepare background, objectives, instrument preparation, validation, reliability and translation of instrument in local language. Faculty from Community Health Nursing and OBG Nursing will conduct the data, preparation of data sheet and analysis of the data.</li> <li>• It is also decided to have zoom meeting twice in the month to discuss the progress of the study. At 04.00 pm on Wednesday (19.02.2020) will be the first zoom meet.</li> <li>• Meeting adjourned at 11.15 am.</li> </ul>












11.30 am - 01.00 pm	Interaction with MPH students	<ul style="list-style-type: none"> <li>At 11.30 am, Dr. Amy Szajna had interaction with students of MPH, KAHER Belagavi.</li> </ul>
01.00 pm – 02.00 pm	<b>Lunch</b>	
02.00 pm - 05.00 pm	Interaction with Mental Health Nursing department and Community Health Nursing department for writing manuscript.	<ul style="list-style-type: none"> <li>In the afternoon session the meeting started at 02.00 pm.</li> <li>Faculty from department of Mental Health Nursing and Community Health Nursing were discussed with Dr. Amy Szajna, regarding manuscript writing.</li> <li>Dr. Amy Szajna, explained how to begin with writing manuscript and discussed on some of the nursing journals manuscripts.</li> <li>Regarding ongoing research projects in both the departments discussed, doubts were clarified by Dr. Amy Szajna.</li> <li>Interaction ended at 05.00 pm</li> </ul>



**Day 5,**

**Date: 06-02-2020**




Time	Event	Particulars
10.00 am – 10.30 am	Inauguration of international Workshop	<ul style="list-style-type: none"> <li>The welcome speech was delivered by Prof (Dr) Sudha A Raddi, Dean and Principal KAHER Institute of Nursing Sciences. The workshop was inaugurated by Dr. Amy Szajna, Asst Prof Jefferson College of Nursing, Thomas Jefferson University, Philidelphia USA. And Dr. Patricia Kelly, Associate Dean for Research and Professor, University of Missouri Kansas. (Retired) Research Consultant who were also the Resource Persons for the day &amp; Prof. (Dr). Sudha A. Raddi, Dean &amp; Principal, KLE University's Institute of Nursing Sciences and some delegates of different constituent units.</li> </ul> <div style="display: flex; justify-content: space-around;">   </div>
10.30 am - 11.30 am	Session I Developing interview questions	<ul style="list-style-type: none"> <li>The first session was on “<b>Developing interview questions</b>” which was delivered by Dr. Amy Szajna, Asst Prof Jefferson College of Nursing, Thomas Jefferson University, Philidelphia USA. Focused on Basics of Qualitative research, developing interview guide, Different types of interview question and formation of theoretical framework of social Ecological Model.</li> </ul> 

11.30 am - 01.00 pm		<ul style="list-style-type: none"> <li>The session was continued by Dr. Patricia Kelly, Associate Dean for Research and Professor, University of Missouri Kansas. (Retired) Research Consultant. She explained the application of theoretical framework of social Ecological Model.</li> </ul> 
01.30 pm - 02.30 pm		<b>Lunch Break</b>
02.30 pm - 03.30 pm	Session II Art of Interviewing	<ul style="list-style-type: none"> <li>Second session was on “<b>Art of Interviewing</b>” which was delivered by Dr. Amy Szajna, Asst Prof Jefferson College of Nursing, Thomas Jefferson University, Philadelphia USA. Focused on Different types of interviews, Difference between Focus groups and individual interview.</li> </ul>
03.30 pm - 04.30 pm		<ul style="list-style-type: none"> <li>Second session was continued by Dr. Patricia Kelly, Associate Dean for Research and Professor, University of Missouri Kansas. (Retired) Research Consultant. She discussed on problems faced during interviewing and solutions for interviewing challenges. Both the resource persons enacted on art of interviewing with a live example.</li> </ul>  <ul style="list-style-type: none"> <li>The workshop ended with distribution of certificates to the participants.</li> </ul>



**Day 6,**





**Date: 07-02-2020**

Time	Event	Particulars
10.00 am – 11.30am	Interaction with Community Health Nursing	<ul style="list-style-type: none"> <li>Discussion regarding research Project on “Post-partum Depression” with Department of Community health Nursing and OBG Nursing.</li> <li>Discussed about the progress of the study.</li> </ul> 
12.00 pm - 01.00 pm	Interaction with MPH Students	<ul style="list-style-type: none"> <li>Interacted with MPH Students</li> </ul> 
02.00 pm - 05.00 pm	Interaction with faculty from Department of Mental Health Nursing	<ul style="list-style-type: none"> <li>Discussed with faculty from department of Mental Health Nursing on how to write manuscript for journals.</li> </ul> 



**Day 7,**

**Date: 08-02-2020**

Time	Event	Particulars
10.00 am – 11.30 am	Visit to Dr. Prabhakar Kore Basic Science Research Center, Belagavi.	<ul style="list-style-type: none"> <li>Visit by Dr. Joann Robinson, Dr. Amy Szajna and Dr. Daniel Graves to Dr. Prabhakar Kore Basic Science Research Center, VKIDS campus Belagavi. Orientation of BSRC and the ongoing research projects were discussed.</li> </ul>  
11.30 am - 01.00 pm	Visit to KLES's Dr. Prabhakar Kore Hospital and MRC Belagavi and Dr. Prabhakar Kore Charitable Hospital Belagavi	<ul style="list-style-type: none"> <li>Visit by Dr. Joann Robinson, Dr. Amy Szajna and Dr. Daniel Graves to KLES's Dr. Prabhakar Kore Hospital and MRC Belagavi and Dr. Prabhakar Kore Charitable Hospital Belagavi. Interacted with Dr. M. V. Jali, MD and CEO of the KLES's Dr. Prabhakar Kore Hospital and MRC Belagavi. then visited to physiotherapy OPD block, ICU's, ICCU's Hi-tech lab, KMC and Milk Bank.</li> </ul>  
01.00 pm – 02.00 pm	Interaction with all HOD's regarding ongoing and proposed research projects	<ul style="list-style-type: none"> <li>Dr. Joann Robinson, Dr. Amy Szajna and Dr. Daniel Graves from TJU University, visited to KAHER Institute of Nursing Sciences, Belagavi. Interacted with all HOD's regarding the research projects in their departments in collaboration with TJU. HOD's reported regarding the progress of research projects in their department and discussed about proposed research projects in collaboration with TJU.</li> </ul>

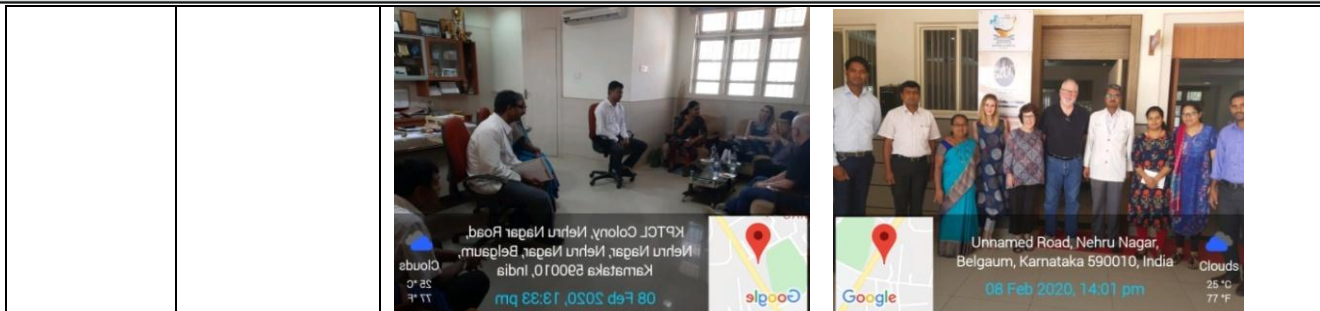
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**Day 8,**

**Date: 10.02.2020**

Time	Event	Particulars
10.00 am -10.30 am	Interaction Department of Community Health Nursing	<ul style="list-style-type: none"> <li>Discussion regarding Project on “Postpartum Depression” with Department of Community Health Nursing &amp; OBG Nursing</li> <li>Discussed about Next steps towards Postpartum depression in community like interventional study (Role play)</li> <li>Discussed regarding manuscript writing and publication of research article in nursing forum.</li> </ul> 
11.00 am – 12.30 pm	Interaction with Hon'ble Vice Chancellor, KAHER, Belagavi Officials from JNMC women's & children's Health Research	<ul style="list-style-type: none"> <li>Meeting with Hon'ble Vice Chancellor, KAHER, Belagavi Officials from JNMC women's &amp; children's Health Research at BOM Hall, KAHER Belagavi.</li> </ul> 
02.30 pm – 04.00 pm	Department of Mental Health Nursing	<ul style="list-style-type: none"> <li>Briefed regarding the proposed research projects.</li> <li>Time line planned for both the projects.</li> <li>Next zoom meeting with the faculty decided on 19.02.2020 at 04.00 pm IST.</li> </ul>



## **PROPOSED OUTCOMES OF FACULTY VISIT, JEFFERSON COLLEGE OF NURSING, TJU, PHILADELPHIA**

- Next visit from TJU CON, Research Chair (Amy Szajna /Patricia Kelly) in August, 2020.
- Proposal to conduct a study on “Care giver’s burden of mentally ill patients – a systematic review” by the faculty of mental health nursing and Dr. Amy Szajna.
- Proposal to conduct a study on “Post Partum Depression (PPD)”prevalence in Belagavi and some interventions to reduce it.
- In this regard, Interdisciplinary project to be carried out in association with Department of Psychiatry, J N Medical College, Belagavi. Every alternative Wednesday to have Zoom meeting and interaction regarding the progress of the study, first zoom meet is planned on 19.02.2020 at 15.30 IST.
- Preparing and submission of manuscript on ongoing research project with department of Mental Health Nursing for publication by March end.
- Jointly applying for research grants.
- Dr. Amy E Szajna, Associate Professor Jefferson college of Nursing, TJU Philadelphia have been appointed as Adjunct Faculty in the department of Mental Health Nursing & Research at KLE Institute of Nursing Sciences Belagavi for period of one year with effect from 04/02/2020.
- Dr. Patricia Kelly ,Associate Dean for Research & Professor (Retired)University of Missouri Kanas, research Consultant have been appointed as Adjunct Faculty in the department of Community Health Nursing & Research at KLE Institute of Nursing Sciences Belagavi for period of one year with effect from 04/02/2020.
- Data Analysis and writing manuscript for Post Partum Depression (PPD) with department of Community Health Nursing and OBG Nursing.
- Proposed study on Nurses knowledge, attitude and self-efficacy in oral care among patients with tracheostomy by department of medical surgical nursing in collaboration with VK Institute of Dental Sciences Belagavi(Interdisciplinary study).
- In respect of the 2020 year, declared by WHO as the year of Nursing & Midwifery, planned to organize awareness program of World Breast Feeding Day, jointly by TJU & KLE in first week of August 2020.

Sd/-

Prof. (Dr). Sudha A. Raddi,  
Dean, Faculty of Nursing  
Principal, KAHN Institute of Nursing Sciences,  
Belagavi





# INSTITUTE OF NURSING SCIENCES

A Constituent Unit of  
KLE Academy of Higher Education and Research  
(Deemed-to-be-University)



Accredited 'A' Grade by NAAC (2<sup>nd</sup> Cycle) Placed in Category 'A' by MHRD (Gol)

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